

FOOD			
<b>Eagle Rock Lutheran Church</b> Saturday 10:00 AM-11:00 AM: <a href="#">food pantry</a> 5032 N. Maywood Ave. Los Angeles 90041 323.255.4622	<b>Esmirna Pentecostal Church</b> Friday 11:30AM - 2:30PM: <a href="#">food pantry</a> 5414 N. Figueroa St. Los Angeles 90042 323.254.0191	<b>Filipino Christian Church</b> 2nd & 4th Saturday 10am - 11am - <a href="#">food pantry</a> 301 N. Union Ave Los Angeles 90026 213.482.5821	<b>Salvadoran American Leadership and Educational Fund</b> 2nd & 4th Wednesday 4pm-6:30pm: <a href="#">food pantry</a> 421 S. Bixel St, Suite A Los Angeles 90017 213-480-1052
<b>Iglesia de la Comunidad Presbiterian Church</b> 1st & 3rd Thursday 10:30 AM - 11:30 AM: <a href="#">food pantry</a> 115 N. Ave 53 Los Angeles 90042 323.257.4352	<b>White Memorial S.D.A. Church</b> 1st & 3rd Tuesday 10:00 AM - 12:00 PM: <a href="#">food pantry</a> 401 N. State Street Los Angeles 90033 323.264-2170	<b>Central City Neighborhood Partners</b> Thursday 9am-1pm - <a href="#">food pantry</a> 501 S. Bixel St. Los Angeles 90017 213-482-8618	<b>Open Door Skidrow Ministries</b> Saturday 10am-11am, Friday 7pm-9pm & Wednesday 6:30pm-7:30 pm - <a href="#">food pantry</a> 419 E. 6th Street 90014 Los Angeles CA 661.208.2413
<b>Union Rescue Mission</b> 24/7: <a href="#">hygiene, clothing, food</a> 545 San Pedro St. Los Angeles 90013 213-347-6300	<b>St Francis Center</b> Monday 7:30-8:30am, Tuesday-Friday 7:30-9am, Saturday 8:30-10am: <a href="#">meals served</a> 1835 S Hope St. Los Angeles, 90015 213-747-5347		
<b>Los Angeles Mission</b> Daily 5:30am, 12:30pm, 6:45pm: <a href="#">meals served</a> 303 East 5th St. Los Angeles 90013 213-6291227	<b>Clinica Romero</b> Friday 5-6pm: <a href="#">meals served</a> 2032 Morendo St. Los Angeles, 90033 213-989-7700		
<b>APLA Health (Food Pantry) - David Geffen Center</b> Wednesday + Friday 10:30am-12:00pm, 2pm-5pm: <a href="#">meals served</a> 611 S Kingsley Dr. Los Angeles 90005 213-201-1600			
<b>MORE FOOD ASSISTANCE RESOURCES</b>			
<b>CalFresh: Cash Assistance for Individuals and Families</b> 1-866-613-3777 or <a href="#">GetCalFresh.org</a> to apply			
<b>Meals for Seniors + Older Adults:</b> 1-800-510-2020 for meals from LA County and the City of LA			
<b>WIC Free food for Moms, Babies and Children Under 5</b> 1-888-942-9675 or <a href="https://www.phfwic.org/how-wic-works/apply-for-wic/">https://www.phfwic.org/how-wic-works/apply-for-wic/</a> to apply			
<b>Grab &amp; Go Meals for School-Aged Kids</b> Call school district for "Grab and Go" meals offered in select schools Download the CAMealsforKids mobile App for more Afterschool and Summer meal programs			
<b>Find Additional Food, Income and Covid-19 Support &amp; Resources through 211</b> Dial: 211 or visit <a href="https://211.org/food-resources">211a.org/food-resources</a>			
MEDICAL CARE			
<b>FREE CLINIC: Hollywood Sunset Free Clinic</b> Free Inclusive Health Services 3324 W Sunset Blvd. Los Angeles 90026 <a href="#">website</a> -- 323-660-7959	<b>FREE CLINIC: Glendale Community Free Clinic</b> Free Inclusive Health Services 134 North Kenwood St - Rm 330 - Glendale 91206 <a href="#">website</a> -- 818-245-8109		
<b>Women's Health Center: NECC Highland Park</b> Inclusive Non-Profit Clinic (sliding scale, no insurance necessary) 5420 N. Figueroa St. Los Angeles 90042 <a href="#">website</a> -- 888-311-6322 *full mental health + pediatric + COVID testing (93% sensitivity rate)	<b>Los Angeles Christian Health Center: Various Locations</b> FREE and Affordable Inclusive Health Services Various Locations: 311 Winston St. Los Angeles 90013 <a href="#">website</a> -- 213-893-1960		
<b>Planned Parenthood: Highland Park Health Center</b> Reproductive Health, LGBTQ Support and more 5903 N. Figueroa St. Los Angeles 90042 <a href="#">website</a> -- 626-798-0706	<b>Arroyo Vista Family Health Center</b> Sliding Scale and Some Free Services - Medical and Dental 6000 N. Figueroa St., Los Angeles, CA 90042 <a href="#">website</a> -- 866-616-9344		
MENTAL HEALTH + ADDICTION			
<b>Department of Mental Health</b>	24/7 help line 1800 854-7771	Contact crisis text line ("LA" to 741741)	
SHELTERS + SHOWERS			
DOMESTIC VIOLENCE			
<b>Downtown Women's Center</b> 6AM-4PM Organization providing resources for homeless women 442 S. San Pedro St. Los Angeles 90013 213-680-0600 -- <a href="#">website</a>	<b>East Los Angeles Women's Center</b> Housing Assistance for houseless DV victims 1431 S. Atlantic Blvd. 90022 323-626-6231 -- <a href="#">website</a> -- crisis line: 800-585-6231		
LGBTQ+			
<b>Trevor Project</b>	24/7 1866 488-7386	<b>Las memorias</b>	5619 Monte Vista Street, suite 750 LA 9007 323 257-1056
<b>LGBTQ Center</b>	1625 Schrader Blvd, LA 90028 323 993-7400		
<b>MISC. TO INVESTIGATE:</b> <a href="http://qivela.org/ProjectCARE/about-us/">http://qivela.org/ProjectCARE/about-us/</a> <a href="https://baartprograms.com/baart-boyle-heights/">https://baartprograms.com/baart-boyle-heights/</a> <a href="https://www.setahrhc.org/quick-resources">https://www.setahrhc.org/quick-resources</a>  <a href="https://lacontroller.org/covid19resourcehub/">https://lacontroller.org/covid19resourcehub/</a>			